

2022 NFSC Show Practice Schedule, Rice Lake Arena February 6, 13, & 27

Time	Song	Skater	Coach
2:00-2:25 pm	Get Back Up Again	Snowplow Group	Ashley
	Skate Out- Go the Distance	Mya Gardner	Courtney
2:00- 2:20 pm	Try Everything – OFF ICE	Basic 3 & 4	Jazmine
2:25-2:50 pm	Try Everything	Basic 3 & 4	Jazmine
2:25 – 2:45 pm	Get Back Up Again – OFF ICE	Snowplow Group	Ashley
	I'm Still Standing – OFF ICE	Basic 5	Courtney
2:50-3:15 pm	I'm Still Standing	Basic 5	Courtney
	Million to One	Madison & Kennedy	Ashley
3:15-3:40 pm	High Hopes	Freeskate 3 & 4	Courtney
	Stronger	Stella & Amelia	Jazmine
3:40- 4:05 pm	Beautiful Day	Freeskate 2	Jazmine
	The Champion	Alison, Paityn & Sarah	Kayla
4:05-4:30 pm	Fight Song	Basic 6/PreFree/ FS1	Kayla
	Just Like Fire	Addy & Kiera	Ashley
4:30-4:55 pm	Rise	Neveah & Scarlett	Kayla
	Don't Stop Believin'	Presli & Jada	Ashley
4:55-5:15pm	Zam		
5:15-5:40 pm	Go for Gold	Opening	Kallie
5:40-6:05 pm	Shake it Off	Power Number	Kallie
6:05-6:30 pm	All Star	Advance Group	Kallie
6:30-7:00 pm	Superhero	Jazmine	Own
	Human	Courtney	Own